Globalization has changed us into a company that searches the world, not just to sell or to source, but to find intellectual capital - the world’s best talents and greatest ideas. – Jack Welch

Dear Parents, I am sure each one of you will agree with the above thought. In this contemporary world, different nations are growing stronger economically, technologically, educationally, politically and otherwise. Our children will have to work very hard in order to become global citizens and to keep pace with the changing times. They need the skills and ability to adapt and change. This is exactly what our team of Fravashi Academy believes in doing for our children. Our team is closely focussing on each child’s overall development, teaching them to choose the right path, helping and supporting them to decide on their ultimate goal in life...

Parents, we certainly need your support in our endeavour. Please don’t restrict your children to think, to explore, to face challenges… Please spend time with your children, make them understand and realise the correct usage of technology. Everything has a right time and a right age. With the increasing integration of economies around the world, it is important for them to update and upgrade themselves in terms of the latest information and technology techniques and networking methods in the right manner. Please encourage them to do so, under your able supervision and guidance.

My fond hope is that as our children turn out to be the best and the brightest of our country – go out and face a “globalising” world, keeping India’s interest, its integrity, its indivisibility and its future potential close to their hearts and their minds. May God bless them for their future endeavours.

Ratan Luth
Chairman
R.S.Luth Education Trust
Freedom: An Integral Part of every Human Being

What exactly does freedom mean to you?
Each individual has his own definition of freedom. But I think the youngsian has slight misconceptions about ‘freedom’. Liberty for our generation means life sans restrictions and sans responsibilities. However, we desperately need a reality check! In an attempt to be ‘cool’, our childhood struggles to be ‘good’ have taken a back-seat! We have absolutely forgotten that our actions in the present greatly shape our future. And we seriously cannot afford to do that! Being a teenager myself, I know that an awesome gang of friends, partying on weekends, crazy sleepovers, exploring new realms of life (especially those which are banned by our parents) and delving deep into an array of thrilling jaunts are priorities in most of our lives! We want to act like grown-ups and demand to be treated like adults, so why not think in the similar mature and responsible way?
It is extremely crucial to consider the repercussions of each and every tiny little action that one does, trust me! Thinking prior to doing something and weighing it’s pros against the cons is necessary. Weeks back, every news channel on Indian television, reported a shocking event that took place in Pune. An unruly crowd of mere teenagers indulged in improper and shameful activities! This scandalous news sparked numerous debates among knowledgeable adults. I too was taken aback by such a news flash! To know if people my age hold the same views as I do, we conducted a poll at our school with the IGCSE and A-Level students. The results of this poll revealed that most of our schoolmates shared my opinion and I was really pleased with that. The poll also told us that most teenagers are bothered by parents’ concern, and label it as ‘interference’. However, they prefer to set their own rules and follow them! Also, most of them do take efforts not to succumb to peer pressure and understand that that’s in their best interest!
It’s a great thing that parents and their peers, not with a dangerous yearning to put everything at stake to taste the thrill such things give us, not with burning rebellion as a reaction to precints and definitely not with the desperation to lead a life sans any those restrictions! But until then, it would be the most astute thing to lead lives directed by our parents. They will never hope for anything bad for their own kids, adults, leading picture perfect lives, we’ll proudly look back upon these memories and smile to ourselves! And that’s exactly when we’ll understand why our parents always curbed us from doing a few things!!
Teenage is a difficult but beautiful phase in life! Its not going to return once gone! Live honest lives, learn to strike a balance, respect and obey your elders, respect the limitations that have been imposed on you, try and excel in each realm of life, never go overboard, and lastly, retain your child-like innocence even as you prepare to step into the ‘adult’ world. 10-15 years from now this is exactly what you’ll be thinking: “I want to go back to the time when Innocence was ‘Natural’, when ‘Getting high’ meant on a swing, when ‘Drinking’ meant ‘Orange juice’, when ‘Dad’ was the only ‘Hero’, when ‘Love’ meant Mom’s hugs, when ‘Dad’s shoulder’ was the highest place on Earth, when the only thing that ‘Hurt’ was ‘bleeding knees’, when the only things ‘broken’ were ‘toys’, when ‘Goodbyes’ meant only till the next day!!!
We create every aspect of our existence, including the influences around us. This article takes a candid look at how we attract the good, the bad and the ugly into our lives. Based upon the laws of attraction, we are mostly comfortable with, or attracted to, people like ourselves. If you are interested to discover what kind of person you are, you simply have to check out those people whom you spend most of your time with - willingly ... and unwillingly.

It's all about vibrations really - in an intuitive sense, how like underlying emotional realities and belief systems, that we are attracted to in another person.

Confidence - which is a bountiful vibration in its most potent force, is brought on by the feelings of personal control.

"Hey I'm just like you ... pick me pick me"

Which is how our chemistry guides us towards those who bear the same unconscious belief systems and temperaments that we do ... a real trap if you are attempting to become the best person you can, but you are related to (or working with!) Ali Baba and the Forty Thieves.

Perfection begins today. Decide what principles you intend to live by to get into "The Zone" and give up on the other ways that keep you out of it ...

You know ... lying, cheating, stealing, blaming, hatred, anger, fear, debt, superiority, pity, jealousy etc.

Do not be afraid to hang out with those you wish to be like ... because the others probably can't stand you anyway!

Well think about it ...

With the Board exams over, some students are finding it difficult to handle. There is no need for me to explain what exam stress is. Sleepless nights, troubled thoughts, loss of appetite, rapid pulse, trembling hands - these are typical manifestations of exam fear. Recent research has shown that it affects all the systems of the human body: nervous, immune, cardiovascular, etc. Unfortunately, the negative influence of this phenomenon on the students' body and their psychology is underestimated nowadays. Social polls demonstrate that students perceive the exams as a "duel of questions and answers", as a "severe torture" as "intellectual and emotional overload".

Do we need exams in the first place? - Yes, exams are important for you as their results influence your future professional career, your social status and your self-esteem. Every person has own optimal level of worry and anxiety, which helps him/her to achieve the best results. You must learn how to control your stress and extra anxiety for preparing for the Test. If exams cause great worry, if you have some symptoms of exam stress (insomnia, rapid pulse, hands trembling and so on) you ought to do something about it.

Here are a few tips that may help you reduce the exam stress:

Believe in yourself. You are capable of passing the exam. You wouldn't have been given a place in the class or on the course if you didn't have the ability to do it.

Don't just worry - take action!

If you don't understand some of your course material, getting stressed out won't help. Instead, take action by seeing your course tutor or asking your class mates to help you understand the problem. Don't put yourself under too much pressure and panic to close your eyes and take several long, slow deep breaths. Breathing in this way calms your whole nervous system. Guys and Girls, after the exam is over, don't spend time focusing where you think you went wrong. Often we are our own harshest critics.

Congratulate yourself for the things you did right, learn from the bits where you know you could have done better, and then move on. Suicide is not a solution for Exam stress. Students - If the exam result is not as per your expectation, Don't worry ... It is not the end of the world. There are many other career alternatives which may suit you better. I know a lot of people who were not good at studies in school or college, but have done really very well in their lives.

All the best!!!
SHANIAH’S OFFICIAL TOP 10

Music is powerful and addictive. This perfectly natural ‘drug of happiness’ helps you cruise through life in any situation you’re in, whether you’re down in the dumps or on cloud nine. Here are 8 lists of TOP 10s to enjoy no matter how you think or feel, whether you are a boy or girl, a pop, rock or rap junkie.

Pay rumors a deaf ear, listen to these absolutely rocking numbers and grin away because even if you don’t, your haters think you’re way better than them, so let em burn baby burn!

TO GET YOU PSYCHED
1. Edge of glory- Lady Gaga
2. Hey soul sister- Train
3. I gotta feeling- Black Eyed Peas
4. No worries- Simon Webb
5. We are young- Fun ft Janelle Monae
6. Animal- Neon Trees
7. Summer of 69- Bryan Adams
8. I feel good- James Brown
9. Billionaire- Bruno Mars
10. Beauty in the world- Macy Grey

TO DEAL WITH HATERS AND CHANNEL THE INNER BEAST
1. Shake it out- Florence and The Machine
2. Fighter- Glee
3. Not afraid- Eminem
4. Numb-Linkin Park
5. Till I collapse- Eminem
6. What doesn’t kill you (Stronger)- Kelly Clarkson
7. Firework- Katy Perry
8. Loser like me- Glee
9. Take care- Drake
10. Skyscraper- Demi Lovato

TO BEAT LAZINESS
1. I like to move it- Madagascar
2. Whistle- Flo Rida
3. My life would suck without you- Kelly Clarkson
4. Hot and Cold- Katy Perry
5. Pocketful of Sunshine- Natasha Bedingfield
6. Mosh- Eminem
7. Right Round- Flo Rida ft Kesha
8. Power- Kanye West
9. Welcome to the jungle- Guns and Roses
10. Enter Sandman- Metallica

TO HELP YOU FALL ASLEEP
1. Just like a star- Corinne Bailey Rae
2. Vanilla Twilight- Owl City
3. Stop Crying Your Heart out- Leona Lewis/ Oasis
4. Somewhere only we know- Keane
5. Green Eyes- Coldplay
6. No other way jack- Jack Johnson
7. Don’t know why- Norah Jones
8. Time for Miracles- Adam Lambert
9. I won’t give up- Jason Mraz
10. Angles on the moon- Thriving Ivory

TO PARTY ‘TIL DAWN
1. Dance Again – Jennifer Lopez ft. Pitbull
2. Party Rock Anthem- LMFAO
3. Give me everything- Pitbull ft Neyo, Nayer,Afrojack
4. On the floor- Jennifer Lopez ft Pitbull
5. Get low- Flo Rida ft Tpain
6. Bang a rang- Skrillex
7. Forget You- Cee lo green
8. Without you- David Guetta ft Usher
9. Where have you been- Rihanna
10. Scream- Usher

MOTIVATIONAL NUMBERS
1. It’s my life- Bon Jovi
2. Remember the name
3. Beautiful- Eminem
4. Stronger- Kanye West
5. Fly/ I believe I can fly- Glee
6. Perfect- Pink
7. Rockstar- Nickelback
8. Hall of Fame- The Script
9. Lost- Michael Buble
10. Scream- High School Musical 3

Whether you’ve been the dumper or the dumped, cheated and defeated, this playlist is meant for all those who want to bend a broken heart or curl up in their bed and have good cry. And after listening to the songs, believe me, you will!

1. Jar of hearts- Christina Perri
2. I will always love you- Whitney Huston/ Glee
3. Goodbye my lover- James Blunt
4. It will rain- Bruno Mars
5. White horse- Taylor Swift
6. Spacebound- Eminem
7. Someone like you- Adele
8. Always on my mind- Michael Buble
9. Bleeding love- Leona Lewis
10. I’ll be missing you- Babyface

These fist-pumping singles can help you vent out all your anger and motivate you to come back stronger to prove to yourself that you are so much better than you think you are.

-Shaniah Quadras
Journey to the Republic of South Africa

South Africa, one of the most developed countries in the continent of Africa. South Africa also boasts of some of the biggest and best wildlife reserves in the world!

In May 2011, I made my journey to this amazing country. It was my first journey to this amazing country. It was my first journey to the African continent and also below the equator! Since, the time I was young I had the passion to visit a new country. I first made my way to the beautiful city of Johannesburg. Johannesburg is a land-locked city lying on a plateau in the north of Johannesburg. This part of South Africa is also called “High veld” or High Land. The things I got to do in Johannesburg were visit some of the key landmarks in the city. One of them was Gandhi Square. It was just beautiful!

A feeling of nostalgia set in as I gazed at that beautiful monument. It was great to see a little bit of India nestled in a foreign country. But, this was just one of the many I had seen. The statue of Nelson Mandela one of South Africa’s living hero at Nelson Mandela square in Sandton was marvelous. It stands at about 25-30 feet tall. I didn’t forget to take some snaps either!

Getting away from the city and into the heart of the wildlife was an unforgettable experience. I visited the Kruger National Park in South Africa. It extends in up to three countries. It is home to the majestic Big Five. The rhino, lion, leopard, elephant and buffalo. Luckily I got to spot each and every one of them in Kruger. It was a wonderful experience driving around in an open-top jeep all day long!

Besides all of the adventure I got to do what I like doing best, eat! Being a total foodie I got to hog some of South Africa’s best gourmet. (Get ready to say “Gross”!) I even tried crocodile meat and the cliché way of describing it is tastes like chicken!

I loved my trip to South Africa. It’s a wonderful country with hospitable people and I would like you to select South Africa as your next holiday destination...

- Rehan Mehta
IGCSE
NOV’12-A
Techno-Wars

PROGRESSION OR CONTROVERSIAL

iPhone 5

Know more about smartphones:
A smartphone is a mobile phone built on a mobile operating system, with more advanced computing capability and connectivity than a normal phone.

The first smartphone combined the features of a personal digital assistant (PDA) and a mobile phone. In the later models, features of portable media players, low end compact digital cameras, pocket video cameras, and GPS navigation units to form one multi-use device. Modern smartphones also include high-resolution touch screens and web browsers that display standard web pages as well as mobile-optimized sites. High-speed data access is provided by Wi-Fi and mobile broadband.

Arch RIVALS of the smartphone industry:
The iPhone is put forward as the biggest rival of Samsung's Galaxy S III. Samsung launched Galaxy S III in May. Let us take a look at the key differences and similarities between the iPhone 5 and its closest competitor, Galaxy S III.

IPhone 5 and Galaxy S3, which is the better TRADE?
It has been a hot topic whether the Samsung Galaxy S3 has an edge over Apple iPhone 5. There are number of factors to be considered before you draw conclusion. Samsung Galaxy S3 has a slight advantage in the consideraton of display as it is larger than in iPhone5. There is not much to separate them in terms of memory provided you have an availability of expansion of memory card for S3. S3 scores very heavily over iPhone as its price is half($99 for basic model) of that of iPhone5($199). S3 exceeds iPhone on megapixels on their universe, whereas megapixels of camera on back is are equal but a little benefit could be given to iPhone due to its longer(slightly) battery life.

At the end of it all according to us the former(S3) is a better bet than the latter(Iphone5) by taking in view all the facts and figures.

Falash Desai
Urjayant Sangai

Galaxy SIII

Display : 4.8 inches
1280 by 720 pixels.
Memory : 16 or 32 gigabytes
(Expandable)
Price : Starts at 999 US

Camer : 8-megapixel
1.9 MP front.
Video : HD (1080p)
Battery : Up to 9 hours

Latest feuds in smartphone industry:

Apple argues that Samsung copied its product design (including actual hardware like touchscreens), software features (like icons and unlock screens), and functions related to wireless-communications standards. Apple has aggressively enrolled its executives to take the stand and defend the “originality” of the iPhone and the iPad, says Jessica E. Vascellaro at The Wall Street Journal. Samsung declares that its designs were in the works long before Apple began working on the iPhone.

Apple emerged victorious in what has been called the patent court case of the century. The panel of judges ordered Samsung to pay $1 billion in damages for replicating the iPhone, finding that Samsung’s popular line of smartphones aped the iPhone’s rectangular shape with rounded edges, as well as its “pinch-to-zoom” feature that allows users to magnify a page with the swipe of two fingers. And it could get worse for the South Korean company: Courts could still pile up the damages to $3 billion and block sales of Samsung products.

Competition from other fronts:

Let’s take a look at the specifications of the iPhone 5 and Samsung Galaxy S III compared with the Nokia Lumia 920 and Motorola Droid RAZR HD. We can see patterns emerging, such as all the iPhone and S3’s competitors have a screen that’s at least 720p (1,280×720 pixels), dual-core 1.5GHz processors, an updated operating system (although that’s debatable in the case of Android 4.0.4 Ice Cream Sandwich), an 8-megapixel camera and 4G LTE.
Mainland China was started in Mumbai, in 1995, by Mr. Anjan Chatterjee. That was the first ever mainland china. Now, there are over 40 branches in cities all over India. A nationally acclaimed restaurant, people have most definitely heard of it. They go there for parties, birthdays, anniversaries and other special occasions. You go there for its nationally famous authentic Chinese food. Their Chinese food is different from that of other Chinese restaurants, which have what is known as 'Indian Chinese'.

But have you ever wondered how they come up with those mouthwatering recipes, or how their chefs are trained? Well, I spoke to Mr. Gautam Parashar, the unit head of mainland china, Nasik.

'Don’t be fooled,' he said. 'Even though it’s in a relatively small city, this mainland has the exact same quality as all the others.' And he’s quite right. Anyone that’s visited Nasik’s mainland can claim the same. We’ve all wondered how their chefs are selected, how they’re trained, and many more things. Mr. Gautam was kind enough to spare me some time from his busy schedule to answer all these questions. First, he explained the general hierarchy of the kitchen. According to Mr. Gautam, there are 'chef de partie’s' (CDPs) at every branch of mainland china. These chefs are trained by the head chefs of the entire chain, and are then tasked with the supervision of the separate branches. These head chefs are Chef Dubay, the Corporate Chef, in charge of all the restaurants in the Speciality Group, and Chef Ram, the Head Chef in charge of all the Mainland China restaurants. They travel over India constantly, visiting all the branches.

The chefs at mainland china are selected mostly through applications and recommendations. For candidates, hotel management qualifications are appreciated, but not demanded. Here, ‘All one needs is the God-given ability to cook. Even if you have a degree, it doesn’t mean anything if you can’t cook,’ as said by Mr. Gautam. The selected applicants are then given the lowest position in the kitchen—commis 3. They slowly progress to commis 1, over a period of about 5 to 6 years. During this time, they are cooking not for the customers, but for the head chef of their branch, managers and directors, who judge their progress.

As for menu development, chef ram and Chef Dubay visit china every year and collaborate with Chinese chefs there. In addition, the famous chef Xhong visits India every year for 3 months and visits all the mainland china restaurants to help improve and widen the menu. But new recipes aren’t just taken from the Chinese chefs. Once a year, there is an inhouse cooking competition amongst the chefs of mainland china, where they are asked to cook anything. All the dishes are tasted and the best ones are taken to the Mumbai mainland china where it is ‘experimented on’, as said by Mr. Gautam. The directors and managers then taste the dishes, comment on them, and suggest improvements. Here, creativity isn’t suppressed. Instead, it is encouraged.

Mr. Gautam has worked in Delhi and Pune branches, and he assures that whatever you get there, you can get here. There is absolutely no difference in quality, quantity or taste. Wherever you go, the name Mainland China brings that sense of reliability, and you know that, no matter what, you can always trust the name.

Meghana Kamat

Before I start with this mini review of ‘Aiyaa’ for ‘The Frontier’, let me tell you one thing. This is one of THE weirdest film stories that I have ever seen. It entertains you, bores you and also makes you ask where on God’s green earth is, the logic in this movie. Read on...

Plot : Meenakshi (Rani Mukherjee) is a middle-class girl who loves to live in the world of her dreams. Overwhelmingly obsessive about filmy song and dance, she has her own version of living life to the fullest. Her parents want to get her married and she has a fantasy to fall in love in the true filmy style and get married to her soul-mate. This is when she sees Surya (Prithviraj) and is strongly attracted to his scent. The story is a weirdly funny ride of her attempts to woo Surya and stay clear from her impending engagement.

Performances: The performance is the foundation of the movie. Despite all its weirdness and rollercoaster rides and quirky sub-plots, the only reason this movie is watchable is the performance of the stars. Rani Mukherjee delivers a powerhouse performance that is slightly let down by the director’s attempts to be extremely different. Prithviraj has an extremely limited role and has very few lines. The rest of the cast are watchable and do justice to their roles. The roles of Myna (Anita Date) and Meenakshi’s Grandma (JyotiSubhash) are very uncanny as well.

Music and Background Score: Another Plus of the movie, the music by Amit Trivedi is again far from being a mainstream album. The uncanny songs and the weird lyrics all add up to a very different kind of cinema. Most of the songs are well choreographed but they fall grossly out of place in this movie.

Final Verdict: In the weekend where you don’t have many great movies out in the theatres, Aiyaa makes up for a one time watch solely for Rani Mukherjee’s performance. I am going with a very generous 2/5 for Aiyaa; what could have been an extremely funny movie turns out to be a dampener that is good in parts.

P.S-Log on to www.scribidomagazine.com for a more detailed review :) - Scribido Magazine
The Unforgettable
By: Samruddhi Marathe

The second rolling out batch, A-Level 2012, celebrated their farewell on Saturday, September 29, 2012. The theme of this special day was 'FIA Airlines' with Mulay Sir being the captain of the airplane. Other dignitaries present Ratan Sir, Sharvari Ma’am, Meghana Ma’am, Chadha Ma’am, Dani Ma’am, Mangala Ma’am.

Clad in dazzling saris and suits, the group was cordially welcomed with roses and other airport customary procedures (Security check, boarding passes, welcome juices and introductory speeches). The grand event progressed with a short PowerPoint presentation showing the taking off of the flight and this was followed by a drama performed by the comedians of the junior batch: Raghav Pareek and Yash Singh. After some motivational speeches was a stunning dance and singing performance which entertained the crowd to the fullest. The attire for the juniors was white shirts, red ties and beneath it jeans which added to the allure of this big day.

Aayush Chouhan, the ex-head-boy and Yash Varade shared their touching school life memories and the crowd broke with applause. Every student got gifts to commemorate FIA. Later was dance and rock n roll... where all the kids and tutors danced until they were all on the verge of collapsing! All their favourite songs on and all their best friends around....what fun was it?

The A-Level 2012 lovingly gifted Mulay Sir a large collage of all of their photos framed and the rest of the faculty was given mugs with their own smiling faces on it. A promise was to be made by all teachers, to drink hot tea so that magically they could see their faces along with their beloved children's names glowing around it. Then all the 'We'll miss you' and 'Take care' were bartered.

Together we all moved to the dining hall and cut our dear Shubankar's birthday cake and again everyone stared with their hugs and kisses...Isn't it so hard to say goodbye?! The sumptuous meal got over too soon and all the endless 'Bye-Byes' stared again... but finally we ended the day, with a warning 'The wingers are leaving!' and as expected everyone rushed.

A day we all will miss...a day we all will want to relive. That was the farewell for our precious A-Level 2012. We will miss them terribly!!

Know Your Teacher
Usha Murali Madam

What made you persue English as a subject?
I fell in love with the subject. During my childhood I was taught by a wonderful teacher, my own uncle was a Professor of English hence I spent a lot of time with him reading Keats Shelly and Shakespeare.

Is it your passion to teach English to children?
(With the straight face kind of look came the answer) Duh!

Do you write, if yes; what?
Yes I do write a lot. I Just need a theme to click in my head, a theme that touches my heart and I get going. I write essays, short pieces, poetry and prose.

What drives you to write the pieces you do?
Everything in my life, certain emotions that are too strong is put and expressed through words in my writing.

Do you have any particular author you would like to meet if you had the chance and why?
The very famous American author; Robert Ludlum. I have always been very inquisitive about how he could write 600 pages how does he tackle such gigantic pieces?

Who is your favourite batch and why?
The A-12 batch because I spend most of the time with them. The A-13 batch isn’t far behind as the more you get to know them, the more you get to love them!

One improvement you would like to see in our school?
I love it the way it is.

Did You Know?

- Ma’am is a complete sleep-a-holic!
- Loves to listen to music predominantly classical, hindi romantic songs and sufi songs.
- Always dreamt of forever studying as the purpose was to gather certificates.

Interviewed by Ankit & Ashwini